

Dear Sir/ Madam



eTeens
STI (Sexually Transmitted Infections) /
HIV (Human Immunodeficiency Virus)
Prevention Programme in Schools

1. The Health Promotion Board (HPB) has been conducting an STI/HIV Prevention Programme in schools since 1993. The programme aims to raise awareness on STI/HIV, inform students about ways to prevent infection and discourage risky sexual behaviours.
2. In view of the increasing number of STIs reported among youth aged 10-19 years¹, HPB, in collaboration with the Ministry of Health (MOH) and the Ministry of Education (MOE), developed an STI/HIV programme titled *eTeens*² for students in secondary schools and JC/CIs.
3. *eTeens* comprises an assembly talk and classroom-based learning. It covers information on the transmission modes of STI, the signs, symptoms and consequences of contracting STI/HIV, effective methods of preventing infection including abstinence from pre-marital sex, being faithful to one partner in the context of marriage as well as condom use. It also teaches life-skills such as decision-making, assertiveness and negotiation skills. *eTeens* is conducted in schools by trained personnel from HPB and teachers. A factsheet on the programme, which is available on the MOE website³, is enclosed.
4. If you do not wish your son/daughter/ward to attend this programme, please complete the form on the next page and return it to the school by 23 January 2019. For any clarification regarding this programme, please email us at hpb_yhp@hpb.gov.sg.

Thank you.

A handwritten signature in black ink, appearing to be "Cheong-Lim Lee Yee", written over a horizontal line.

Yours sincerely

Mrs Cheong-Lim Lee Yee
Deputy Director
Educational Institution Outreach Department
Youth Health Division
Health Promotion Board

¹ Reported cases of STIs among youth aged 10-19 years increased from 238 cases in 2002 to a peak of 820 cases in 2007.

² Previously known as Breaking Down Barriers (BDB).

³ www.moe.edu.sg/education/programmes/social-emotional-learning/sexuality-education

eTeens Opt-out Form

Please complete this section if you DO NOT wish your child to attend the eTeens Programme and return it to the school.

I, (name) _____, (NRIC) _____,
do not wish my son/daughter/ward*, (name) _____
of class _____, to attend the eTeens STI/HIV Prevention Programme
conducted by the Health Promotion Board.

My reason(s) for opting out:

- My child is too young.
- I would like to personally educate my child.
- I am not comfortable with the topics/content to be covered.
- Religious reasons
- I have previously taught my child the topics/content to be covered.
- I do not think it is necessary for my child to attend.
- Others (please state):

Signature of Parent/Guardian

Date